

Pre-Travel Checklist

- All travelers graduate and undergraduate students must register in Cornell's Travel Registry: www.travelregistry.cornell.edu
- Become knowledgeable about risks in location. Visit these sites for researching your destination:
 - Center for Disease Control: <https://www.cdc.gov/outbreaks/index.html>
 - Insight
- Verify your health insurance covers you or purchase additional coverage, or you must purchase additional coverage:
 - Students covered by the Cornell Student Health Plan (SHP) can locate participating providers using the [DocFind Service](#) available on the [Aetna Student Health](#) website
- Consider purchasing insurance for trip interruption:
 - <https://www.insuremytrip.com/>
- Consider purchasing insurance for property protection:
 - Arthur J. Gallagher & Co. www.collegestudentinsurance.com or call 1-888-411-4911
- Understand how to use UHC Global Emergency Assistance. More information on this in this packet:
 - When filing a case email: assistance@uhcglobal.com
 - Appropriate when travel is more than 100 miles away from Cornell's campus
- Determine your immunizations by contacting the Travel Nurse at Cornell Health.
- Develop an emergency plan and be available 24/7 to travelers in case of an emergency during the trip.
 - Where would you go in the event of a crisis?
 - Where is your backup location to gather?
 - How would you exit the city/region?
- Know who to contact in the event of an emergency at Cornell:
 - Cornell Police – 607-255-1111
- Determine the conditions of roads and safest routes of travel in the area.